


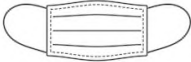


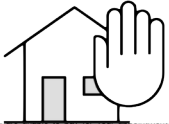
COVID-19 Health and Safety at Chislehurst Chiropractic Clinic

Current government guidance permits chiropractors to be open for urgent and essential health care needs.








The health and safety of our patients and team is paramount and we have taken on board and exceeded government guidance to make our clinic a safe environment.

Please see below for measures we have implemented for your protection and how you can help to keep yourself and others safe while you are in clinic.

If you have any queries, please contact us at getwell@chislehurstchiro.com or call us on 0208 295 1733.

Personal Protective Equipment (PPE) and Sanitisation	
  	<p>The team:</p> <ul style="list-style-type: none"> Your chiropractor will wash their hands between each patient (as has always been standard practice here). Your chiropractor will also wear a mask, gloves and apron where appropriate and will thoroughly sanitise the treatment bench and any tools used between each patient. Your Clinic and Front Desk team will wear masks and gloves and will wash and sanitise their hands regularly throughout the day. There will be a perspex protective screen around front desk. The team will sanitise the waiting areas and toilet facilities regularly throughout the day. Tea and coffee services will be suspended at this time. Pens will be sanitised between patients, we ask if possible, that you use your own.
 	<p>Our patients:</p> <ul style="list-style-type: none"> All patients, including children, must wash their hands well for 20 seconds using warm water and soap or use hand sanitiser at one of the sanitising stations when they enter the clinic. Please do not, under any circumstances, come to the clinic if you have any symptoms of COVID-19 (including a persistent cough or fever), if anyone in your household has symptoms or you have been told for any other reason to self-isolate. We encourage patients to wear a personal face mask or covering while in clinic. Please follow all written and verbal instructions from the team, they are for your safety and protection.

Social Distancing Measures and Limiting your Time in Clinic

  	<ul style="list-style-type: none">To limit the amount of time you need to spend in clinic, we encourage you to prepay for your appointment before you arrive. You may call us on 0208 295 1733 and pay with card over the phone at any time before your appointment. We can have a receipt at your appointment if requested.If you are unable to pay for your appointment in advance, we ask that wherever possible, you use card to pay for your appointment. The limit for contactless payments has been increased to £45.We encourage you to prebook your future appointments over the phone to limit the amount of time you need to spend in clinic. These can be rescheduled if required.
  	<ul style="list-style-type: none">We have marked out 2m distancing throughout the clinic and ask that all patients respect a 2m distance from each other and the team.We have created additional waiting areas in the clinic. Please follow instructions from the team as to where you should sit to wait for your appointment.Please arrive at the correct time for your appointment, please do not be very early or late. This is so we can control the number of patients in clinic at any time.If you would like to wait outside for your appointment, you may. Please inform Front Desk that you have arrived and they will inform you when it is time for your appointment.
Suspended Services	
	<ul style="list-style-type: none">For reasons of hygiene, we will not be running BrainTap in clinic at this time. Please get in touch if you would like to find out more about how you can use BrainTap at home or purchase a kit for home use.We are not currently running massage at the clinic. If you are interested in massage, please let us know and we will be in contact as soon as we are able to offer this service again.

We will be keeping these measures under constant review and we will keep our patients updated with any changes.

We have implemented all government guidance and more to make the clinic a safe space for your treatment. However, if you have any suggestions for further measures, please do not hesitate to let us know.